Pharmacy Pharmacy News and Views Volume 2, Number 2

This issue of the Pharmacy Provider Newsletter includes a copy of the complete Maryland Medicaid Preferred Drug List (PDL). Some major changes are noted below.

PDL and the TOP\$ Program

The TOP\$ Program is a multi-state Medicaid pharmaceutical purchasing pooling arrangement administered by the States' PDL partner, Provider Synergies. The TOP\$ acronym stands for "The Optimal PDL \$olution" and involves pooling the buying power of Maryland with West Virginia and Louisiana to give these states additional negotiating leverage with drug manufacturers. With additional negotiating power, higher rebates can be obtained from drug manufacturers, resulting in even greater savings for the State of Maryland.

New Classes Added to the Maryland Preferred Drug List

The following four classes of drugs have been added to the Maryland Preferred Drug List effective the beginning of July: 1) Anticoagulants, Injectable, 2) Growth Hormones, 3) Sedative Hypnotics, and 4) Ulcerative Colitis Agents.

Most Significant Changes

While changing brands is never easy, we urge your cooperation in shifting patients from non-preferred drugs to the more cost effective preferred counterparts. There are millions of taxpaver dollars at stake. We know it will be difficult to shift brand loyalty, but your efforts will be appreciated. Of the drugs that are to be non-preferred, the following are the most widely used: Ambien®, Avandia®, Coreg®, Detrol® LA, Imitrex®, Lipitor®, Nexium®, Norvasc®, Pravachol®, Wellbutrin XL®, and Zetia®.

Special Grandfathering of Non-Preferred Drugs

There are a few drug classes where grandfathering is authorized for patients currently stabilized on therapy. The Maryland Pharmacy and Therapeutics Committee recommended that grandfathering be allowed for several individual drugs that will soon become non-preferred. Note that the grandfathering is not class-wide. The drugs are: Norvasc® and Coreg®. Zetia® (ezetimibe) is a special grandfathering situation. It is a stand-alone product as well as a component of Vytorin®, a combination lipotropic containing Zetia®/Zocor®. Preauthorization of Zetia® by itself is necessary unless the patient has met the following criteria: 1) has tried Vytorin® in the past 90 days and no longer takes it; and 2) as a result of #1, requires a different preferred statin drug (excluding Zocor®).

Explanation of Non-Preferred Generics

There are a few generic drugs that only have one manufacturer or whose price remains consistent with that of its brand name counterparts. When

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there is little difference between the generic and brand name drug price, and a manufacturer offers a supplemental rebate on the brand name product, the price of the brand may become substantially less than that of the generic drug. As a result, there are several brand name products whose status is PREFERRED, while their generic alternatives are NON-PREFERRED. In the case of oxycodone ER, neither the brand name, OxyContin®, nor the generic, are preferred. The NON-PREFERRED generics are listed below:

NON-PREFERRED fentanyl patch omeprazole ribavirin

ON the PDL **Duragesic®** Prilosec® OTC Rebetol®

July 2005

Safety Concerns

The FDA continually monitors and reviews drugs for their safe use. The generic products listed below have had some safety concerns related to their use that prompted the Maryland Pharmacy and Therapeutics Committee to remove them from the Preferred Drug List. There are safer alternatives on the Preferred Drug List whose benefits outweigh the risks of therapy. Non-preferred generics are: meperidine (Demerol®), nifedepine (Adalat®, Procardia®) Immediate Release, and nefazodone (Serzone®).



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Quantity Limitations for Triptans

Limits on Triptans will go into effect on July 8, 2005. The purpose of the quantity limits are to ensure their safe and effective use and to minimize waste of these very expensive agents. The use of these agents should be limited when possible to two

days per week since more frequent use can lead to rebound headaches. Please refer to the following table, which indicates which are preferred and which are non-preferred. Quantity limits can be overridden by preauthorization by calling

800-932-3918 or submitting the fax form, "Antimigraine (Triptan) Quantity Override Pre-Authorization" that can be found at: http://www.dhmh.state.md.us/mma/mpap/forms.htm.

MAXIMUM QUANTITY LIMITS FOR TRIPTANS

Brand Name	Dosage Form	How Supplied	Limit per 30 Days
	PREFERRE	D DRUGS	
Axert®	Tablets	6 Tablets/Package	6 Tablets
Maxalt [®]	Tablets	9 Tablets/Package	9 Tablets
Maxalt® MLT	Orally Disintegrating Tablets	3 Units of 3/Package	9 Tablets
Zomig [®] 2.5mg.	Tablets	6 Tablets/Package	6 Tablets
Zomig [®] 5mg.	Tablets	3 Tablets/Package	3 Tablets
Zomig [®]	Nasal Spray	6 Units/Package	6 Units
Zomig [®] ZMT 2.5mg.	Orally Disintegrating Tablets	6 Tablets/Package	6 Tablets/Package
Zomig [®] ZMT 5mg.	Orally Disintegrating Tablets	3 Tablets/Package	6 Tablets/Package
	NON-PREFER	RED DRUGS	
Amerge [®]	Tablets	9 Tablets/Package	9 Tablets
Frova [®]	Tablets	9 Tablets/Package	9 Tablets
Imitrex [®]	Tablets	9 Tablets/Package	9 Tablets
Imitrex [®]	Injection	2 Injections/Package	2 Injections
Imitrex [®]	Nasal Spray	6 Units/Package	6 Units
Relpax [®]	Tablets	2 Units of 6/Package	12 Tablets

Only drugs that are part of the listed therapeutic categories are affected by the PDL. Therapeutic categories not listed here are not part of the PDL and will continue to be covered as they always have for Maryland Medicaid patients.

Note: For any multi-source product, the generic product(s) are usually preferred and branded innovator product(s) will be non-preferred. Key: All lowercase letters = generic product; Leading capital letter = brand name product; Effective July 1, 2005

ANALGESIC

Analgesics, Narcotics

Preferred

acetaminophen w/codeine (Tylenol w/Codeine)

aspirin w/codeine (Empirin w/Codeine)

butalbital/apap/codeine

codeine

hydrocodone/apap (Vicodin)

hydrocodone/ibuprofen (Vicoprofen)

hydromorphone (Dilaudid)

morphine sulfate

morphine sulfate SR (MS Contin)

oxycodone

oxycodone/apap (Percocet)

oxycodone/aspirin (Percodan)

pentazocine/apap (Talacen)

pentazoncine/naloxone (Talwin NX)

propoxyphene (Darvon)

propoxyphene HCI/apap (Wygesic)

propoxyphene napsylate/apap (Darvocet)

tramadol (Ultram)

tramadol/acetaminophen (Ultracet)

Duragesic (brand only)

Kadian

Requires Prior Authorization

fentanyl patch (generic only)

meperidine (Demerol)

oxycodone ER

Actia

Avinza

Darvon-N

OxyContin

Synalgos-DC

Palladone

Panlor DC, SS

Anti-Migrane Agents, Triptans (Anti-Migraine Preparations)

Preferred

Axert

Maxalt, MLT

Zomiq, Nasal, ZMT

Requires Prior Authorization

Amerge

Frova

Imitrex (oral, nasal & subQ)

Relpax

ANALGESIC

Nonsteroidal Anti-Inflammatories/ COX II Inhibitor (NSAIDS, Cyclooxygenase Inhibitor - Type)

Preferred

FIRST TIER:

diclofenac potassium (Cataflam)

diclofenac sodium, XL (Voltaren, XR)

etodolac, XL (Lodine, XL)

fenoprofen (Nalfon)

flurbiprofen (Ansaid)

ibuprofen (Motrin)

indomethacin, SR (Indocin, SR)

ketoprofen (Orudis, Oruvail)

ketorolac (Toradol)

meclofenamate (Meclomen)

nabumetone (Relafen)

naproxen (Naprosyn)

naproxen sodium, DS (Anaprox, DS)

oxaprozin (Daypro)

piroxicam (Feldene)

sulindac (Clinoril)

tolmetin, DS (Tolectin, DS)

SECOND TIER:

Celebrex

Prevacid NapraPac

Requires Prior Authorization

Arthrotec

Mobic

Ponstel

ANTI-INFECTIVES

Antifungals, Oral (Antifungal Agents, Antifungal Antibiotics)

Preferred

clotrimazole troche (Mycelex)

fluconazole (Diflucan)

griseofulvin (Fulvicin, GriFulvin V)

itraconazole (Sporanox)

ketoconazole (Nizoral)

nystatin

Lamisil

Requires Prior Authorization

Ancobon

Mycostatin Pastilles

Sporanox Solution

Vfend

ANTI-INFECTIVES

Antifungals, Topical (Topical Antifungals)

Preferred

ciclopirox lotion (Loprox)

clotrimazole (Lotrimin)

clotrimazole/betamethasone

(Lotrisone)

econazole (Spectazole)

ketoconazole (Nizoral)

nystatin (Mycostatin)

nystatin/triamcinolone (Mycolog II)

Mentax

Naftin

Requires Prior Authorization

Ertaczo

Exelderm

Loprox Shampoo

Loprox Topical

Oxistat

Penlac

Antivirals (Antivirals, General)

Preferred

acyclovir (Zovirax)

amantadine (Symmetrel)

ganciclovir (Cytovene)

rimantadine (Flumadine)

Tamiflu Valcyte

Valtrex

Requires Prior Authorization

Fámvir Relenza

Cephalosporin & Related Agents (Cephalosporins, Second & Third Generation, Penicillins)

Preferred

amoxicillin/clavulanate (Augmentin, ES)

cefaclor (Ceclor, CD)

cefadroxil (Duricef)

cefuroxime (Ceftin)

cefpodoxime (Vantin) cephalexin (Keflex)

Augmentin XR

Cefzil

Spectracef

Requires Prior Authorization

Cédax

Lorabid

Omnicef

Panixine Raniclor

Suprax

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ANTI-INFECTIVES

Fluoroquinolones (Quinolones)

Preferred

ciprofloxacin (Cipro) ofloxacin (Floxin) Avelox Cipro XR

Requires Prior Authorization

Levaquin Maxaquin Noroxin Tequin

Macrolides/Ketolides

Preferred

clarithromycin (Biaxin) erythromycin Biaxin XL Zithromax

<u>Requires Prior Authorization</u>

Branded erythromycin products Ketek

CARDIOVASCULAR

ACE Inhibitor/Calium Channel Blocker Combination

Preferred

Lotrel Tarka

Requires Prior Authorization

Lexxel

ACE Inhibitors (Hypotensives, ACE Inhibitors)

Preferred

benazepril, HCTZ (Lotensin, HCT)
captopril, HCTZ (Capoten, Capozide)
enalapril, HCTZ (Vasotec, Vaseretic)
fosinopril, HCTZ (Monopril, HCT)
lisinopril, HCTZ (Prinivil, Zestril,
Prinzide, Zestoretic)
quinapril (Accupril)
quinaretic (Accuretic)
Aceon
Mavik
Uniretic
Univasc/Uniretic

Requires Prior Authorization

Altace

CARDIOVASCULAR

Angiotensin Receptor Blockers (Hypotensives, Angiotensin Receptor Antagonist)

Preferred

Avapro, Avalide Cozaar, Hyzaar Diovan, HCT Micardis, HCT

Requires Prior Authorization

Atacand, HCT Benicar, HCT Teveten, HCT

Beta Blockers (Alpha/Beta-Adrenergic Blocking Agents, Beta-Adrenergic Blocking Agents)

<u>Preferred</u>

acebutolol (Sectral)
atenolol (Tenormin)
betaxolol (Kerlone)
bisoprolol (Zebeta)
labetalol (Normodyne, Trandate)
metoprolol (Lopressor)
nadolol (Corgard)
pindolol (Visken)
propranolol (Inderal)
sotalol, AF (Betapace, AF)
timolol (Blocadren)
Inderal LA
Innopran XL
Toprol XL

Requires Prior Authorization

Cartrol Coreg Levatol

Calcium Channel Blocking Agents

Preferred

diltiazem (Cardizem)
diltiazem SR, ER (Cardizem SR, CD,
Dilacor XR, Tiazac)
felodipine (Plendil)
nicardipine (Cardene)
nifedipine SR (Adalat CC, Procardia XL)
verapamil (Calan)
verapamil ER, SR (Calan SR, Verelan)
Cardizem LA
DynaCirc CR
Sular
Verelan PM

Requires Prior Authorization

nifedipine (Adalat, Procardia) Cardene SR Covera-HS Dynacirc IR

Nimotop Norvasc

CARDIOVASCULAR

Lipotropics, Other (Lipotropics, Bile Salt Sequestrants)

Preferred

cholestyramine (Questran, Light) gemfibrozil (Lopid) niacin (Niacor) Colestid Niaspan Tricor

Requires Prior Authorization

Antara Lofibra Welchol Zetia

Lipotropics, Statins (Lipotropics)

Preferred

lovastatin (Mevacor) Advicor Altoprev Crestor Lescol, XL Vytorin Zocor

Requires Prior Authorization

Caduet Lipitor Pravachol Pravigard PAC

CENTRAL NERVOUS SYSTEM

Antidepressants, Other (Alpha-2 Receptor Antagonist Antidepressants, Serotonin-2 Antagonist/Reuptake Inhibitors, Serotonin-Norepinephrine Reuptake-Inhib, Norepinephrine & Dopamine Reuptake Inhib)

Preferred

bupropion, SR (Wellbutrin, Wellbutrin SR)
mirtazapine, soltab (Remeron, Remeron Soltab)
trazodone (Desyrel)
Effexor, XR

Requires Prior Authorization

nefazodone (Serzone) Cymbalta Wellbutrin XL

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CENTRAL NERVOUS SYSTEM

Sedative Hypnotics

Preferred

chloral hydrate

estazolam (ProSom)

flurazepam (Dalmane)

temazepam (Restoril)

triazolam (Halcion)

Restoril 7.5mg

Sonata

Requires Prior Authorization

Ambien

Doral

Restoril 22.5mg

Selective Serotonin Reuptake Inhibitors (SSRIs)

Preferred

citalopram (Celexa)

fluoxetine (Prozac)

fluvoxamine (Luvox)

paroxetine (Paxil)

Lexapro

Paxil CR

Pexeva

Requires Prior Authorization

Prozac Weekly

Sarafem

Symbyax

Zoloft

Stimulants & Related Agents (Tx for Attention Deficit Hyperact (ADHD)/Narcolepsy; Adrenergics, Aromatic, Non-Catecholamine)

Preferred

amphetamine salt combo (Adderall) dextroamphetamine (Dexedrine)

methamphetamine (Desoxyn)

methylphenidate, ER (Metadate ER,

Methylin ER, Ritalin, Ritalin-SR)

permoline (Cylert)

Adderall XR

Concerta

Focalin

Metadate CD

Ritalin LA

Strattera

Requires Prior Authorization

non-preferred brand-name agents

ENDOCRINE

Bone Resorption Suppression & Related Agents (Bone Resorption Inhibitors, Bone Formation Stim.

Agents - Parathyroid Hormone)

Preferred

Actonel

Fosamax, Fosamax Plus D

Miacalcin

Requires Prior Authorization

Didronel

Evista

Forteo

Estrogen Agents, Combination (Estrogenic Agents)

Preferred

Activella

CombiPatch

FemHRT

Prefest

Premphase

Prempro

Requires Prior Authorization

Climara Pro

Hypoglycemics, Insulins & Related Agents

Preferred

Lantus

Novolin

Novolog

Novolog Mix

Requires Prior Authorization

Humulin

Humalog

Humalog Mix

Hypoglycemics, Meglitinides (Hypoglycemics, Insulin Release Stimulant Type)

<u>Preferred</u>

Starlix

Requires Prior Authorization

Prandin

Hypoglycemics, TZDs (Hypoglycemics, Insulin-Response Enhancers)

Preferred

Actos

Requires Prior Authorization

Avandia

GASTROINTESTINAL

Antiemetics, Oral (Antiemetic/ Antivertigo Agents)

Preferred

metoclopramide (Reglan)

Emend

Kytril

Marinol

Zofran, ODT

Requires Prior Authorization

Anzemet

Phosphate Binders & Related Agents

Preferred

Magnebind RX

PhosLo

Requires Prior Authorization

Fosrenol

Renagel

Proton Pump Inhibitors (Gastric Acid Secretion Reducers)

Preferred

Prevacid

Prilosec OTC

Requires Prior Authorization

omeprazole

Aciphex

Nexium

Protonix

Zegerid

Ulcerative Colitis Agents

Preferred

sulfasalazine (Azulfidine)

mesalamine enemas (Rowasa)

Colazal

Pentasa

Requires Prior Authorization

Asacol

Canasa

Dipentum

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INJECTABLE

Anticoagulants, Injectable

Preferred

Fragmin

Lovenox

Requires Prior Authorization

Arixtra Innohep

Cytokine & CAM Antagonists (AntiInflammatory, Pyrimidine Synthesis Inhibitor, Anti-Inflammatory, Tumor Necrosis Factor Inhibitor, Anti-Flam,

Interleukin-1 Receptor Antagonist, Drugs to Tx Chronic Inflamm Disease of Colon, Antimetabolites)

<u>Preferred</u>

Eńbrel

Humira

Requires Prior Authorization

Kineret

Remicade

Erythropoietins (Hematinics, Other)

Preferred

Aranesp

Procrit

Requires Prior Authorization Epogen

Growth Hormones (CLINICAL PA REQUIRED)

Preferred

Nórditropin

Nutropin AQ

Tev-Tropin

Requires Prior Authorization

Génotropin

Humatrope

Nutropin

Saizen Serostim

* Nutropin Depot is available by the manufacturer only to those patients on existing therapy.

Hepatitis C Agents (Hepatitis C Treatment Agents, Immunomodulators)

Preferred

Peg-Intron

Peg-Intron Redipen

Rebetol (brand only)

Requires Prior Authorization

ribavirin (generic only)

Copegus

Infergen

Pegasys

Rebetron

INJECTABLE

Multiple Sclerosis Agents (Agents to Treat Multiple Sclerosis)

Preferred

Avonex

Betaseron

Rebif

Requires Prior Authorization

Copaxone

OPHTHALMIC

Ophthalmics, Allergic Conjunctivitis (Eve AntiInflammatory Agents, Eye Antihistamines, Ophthalmic Mast Cell Stabilizers)

Preferred

cromolyn (Opticrom)

Acular

Alrex

Elestat

Emadine

Optivar

Patanol

Requires Prior Authorization

Alamast

Alocril

Alomide

Zaditor

Ophthalmics, Antibiotics

<u>Preferred</u>

bácitracin

ciprofloxacin solution (Ciloxan) erythromycin (llotycin)

gentamicin (Garamycin)

ofloxacin (Ocuflox)

tobramvcin (Tobrex)

Ciloxan ointment

Vigamox

Zymar

Requires Prior Authorization Quixin

OTIC

Otics, Antibiotics (Ear Preparations, Antibiotics; Otic Preparations, Anti-Inflammatory-Antibiotics)

Preferred

neomycin/polymyxin/hydrocortisone (Cortisporin)

Ciprodex

Coly-Mycin S Floxin Otic

Requires Prior Authorization

Cipro HC

Cortisporin-TC

RESPIRATORY

Antihistamines, Minimally **Sedating (Antihistamines)**

<u>Preferred</u>

loratadine, loratadine-D (OTC)

Alavert, Alavert-D (OTC)

Claritin, Claritin-D (OTC)

Tavist ND (OTC) Clarinex syrup

Requires Prior Authorization

Allegra, Allegra-D

Claritin, Claritin-D (Rx)

Clarinex. Clarinex-D (tablets)

Zvrtec, Zvrtec-D

Bronchodilators, Anticholinergics

Preferred

ipratropium neb (Atrovent)

Atrovent HFA

Combivent

Spiriva

Requires Prior Authorization

DuoNeb

Beta₂-Agonist Bronchodilators (Beta-Adrenergic Agents)

Preferred

albuterol (Proventil, Ventolin)

albuterol HFA (Proventil HFA,

Ventolin HFA)

metaproterenol (Alupent)

terbutaline (Brethine)

Maxair

Serevent Diskus

Xopenex

Requires Prior Authorization

AccuNeb

Alupent

Foradil Vospire ER

Glucocorticoids, Inhaled (Beta-Adrenergics & Glucocorticoids Combination, Blucocorticoids)

Preferred

Advair Diskus

Aerobid, Aerobid M

Azmacort

Flovent HFA, Rotadisk

Pulmicort Respules (Ages 1-8)

Requires Prior Authorization

Pulmicort Respules (Over Age 8,

Under Age 1)

Pulmicort Turbuhaler

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RESPIRATORY

Intranasal Rhinitis Agents (Nasal Anti-Inflammatory Steriods)

Preferred

flunisolide (Nasalide)

Flonase

Nasarel

Requires Prior Authorization

Beconase AQ Nasacort AQ Nasonex

Rhinocort Aqua

Leukotriene Receptor Antagonists

Preferred

Accolate

Singulair

Requires Prior Authorization

none

UROLOGIC

Benign Prostatic Hyperplasia (Alpha-Adrenergic Blocking Agents)

Preferred

doxazosin (Cardura)

terazosin (Hytrin)

Flomax

Proscar

Uroxatral

Requires Prior Authorization

Avodart

Bladder Relaxant Preparations (Urinary Tract Antispasmodic/ Antiincontinence Agent)

Preferred

oxybutynin (Ditropan)

Ditropan XL

Enablex Oxytrol

Requires Prior Authorization

Detrol

Detrol LA

Sanctura

Vesicare

UROLOGIC

Erectile Dysfunction (Drugs to Treat Impotency)

Preferred

Caverject

Levitra

Requires Prior Authorization

Cialis

Edex

Muse

Viagra

Change in Co-Payments for Maryland Pharmacy Program

Co-payments for Brand and Non-Preferred drugs for the Maryland Pharmacy Program will be increased from \$2.00 to \$3.00 in the near future. The exact date of the co-payment increase will be communicated to pharmacy providers. Please see the following chart for the current co-payment information.

Maryland Pharmacy Program Co-Payment Amounts

	Medicaid*	Pharmacy Assistance	Pharmacy Discount Program
Eligibility	Categorical Welfare Program	Recipients between 100% to 115% of poverty	Medicare eligible beneficiaries from 116% to 175% above poverty
Co-Payment for Preferred or Generic Drug	\$1.00	\$2.50	65%
Co-Payment for Non-Preferred or Branded Drug	\$2.00 (will be increased to \$3.00)	\$7.50	65%
If Patient is Unable to Pay	Pharmacy must dispense*	Pharmacy may refuse to dispense	Pharmacy may refuse to dispense

^{*} Federal law requires pharmacies to not deny services if the Medicaid recipient is unable to pay. There is no co-payment for Medicaid recipients under the age of 21, institutionalized individuals, nor pregnant women.

There is no co-payment for family planning drugs and devices.

Pharmacy News and Views

Maryland Department of Health and Mental Hygiene Office of Operations, Eligibility and Pharmacy

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State of Maryland Drug Use Review (DUR) Board CALL FOR NOMINATIONS

The implementation of the Omnibus Budget Reconciliation Act of 1990 requires that the Maryland Department of Health and Mental Hygiene establish a Drug Use Review (DUR) Board. The DUR Board is comprised of both physicians and pharmacists and has been in operation since November 1992. The activities of the DUR Board include:

- Overseeing retrospective and prospective DUR within the Maryland Medicaid program.
- Approving DUR criteria and standards.
- Making recommendations concerning education and other types of interventions based on retrospective DUR findings.

 Preparing an annual report for submission to the Health Care Financing Administration (HCFA) describing the nature and scope of the DUR program, summarizing educational/ interventional strategies used, and estimating cost savings generated.

Health Information Designs, Inc. provides administrative and technical support to the Department of Health and Mental Hygiene with regard to the DUR Board. The membership of the Maryland DUR Board includes health care professionals who have recognized knowledge and expertise in one of the following areas:

- 1. The clinically appropriate prescribing of outpatient drugs.
- The clinically appropriate dispensing and monitoring of outpatient drugs.

- 3. Drug use review, evaluation and intervention.
- 4. Medical quality assurance.

The Maryland DUR Board is currently recruiting for pharmacists beginning in January 2006. Physicians are also encouraged to apply at this time in the event that vacancies should become available later in the year.

For an application packet, please call Joseph Paradis at Health Information Designs toll free at 1-866-260-2555. Application deadline is October 31, 2005.

For further information, contact:

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All Program information and updates featured in this issue of *Pharmacy News and Views* are the best information available at the time of printing. Any updates that became effective after the date of printing will be included in the next issue of our newsletter.